



## *examination of conscience*

- DID I APPROACH MY DAY PRAYERFULLY?
- DID I CONSIDER HOW GOD WANTS ME TO RESPOND TO EACH TASK IN MY DAY?
- DID I SEE EACH SMALL CHALLENGE AS AN OPPORTUNITY TO DRAW CLOSER TO GOD?
- DID I CORRECT OR DISCIPLINE MY CHILDREN CHARITABLY AND PRIVATELY?
- DID I TRULY DISCIPLINE AS A DISCIPLE?
- WAS I CRITICAL OF MY SPOUSE OR CHILDREN?
- DID I ALLOW MY MOOD TO AFFECT MY BEHAVIOUR?
- DO I STILL OWE ANYONE FORGIVENESS OR APOLOGY?
- HAVE I FAILED TO ASK FORGIVENESS AFTER HURTING SOMEONE?
- DID I OFFER KIND WORDS OR PRAISE TO OTHER FAMILY MEMBERS WHEN I SAW OPPORTUNITY TO?
- DID I COMPLAIN, IN MY THOUGHTS OR IN MY WORDS?
- HAVE MY SELF INDULGENCES BEEN IMMODERATE?

